



مدينة الملك عبدالعزيز
للعلوم والتقنية KACST



الجمعية السعودية
الخيرية لمرض الزهايمر
SAUDI ALZHEIMER'S DISEASE ASSOCIATION



مؤتمر الزهايمر الدولي الثاني ٢٠١٤

November 24 - 26, 2014 / Safar 2 - 4, 1436
Conference Hall - Building 36 - KACST Headquarters
King Abdullah Road - Riyadh, Saudi Arabia

DAY 1 - Tuesday 25 November 2014

07:30 - 08:30

Reception/Registration

08:30 - 08:45

Opening Statement by Prof. Robert Daroff



Session 1 Hall A	Patient Care and Resources
<i>Moderator:</i>	Prof. Robert Daroff - Professor of Neurology Case Western Reserve University School of Medicine – USA
	TITLE PRESENTATION
08:45 - 09:30	1.1.1 Alzheimer's Disease in Saudi Arabia: Reality and Needs.
09:30 - 10:15	1.1.2 Diagnosing Alzheimer's Disease: Where is the problem?
10:15 - 10:30	Break
10:30 - 11:15	1.1.3 Effectiveness of Psychoeducational Intervention Program in the Reduction of Caregiver Burden in Alzheimer's Disease Patients' Caregivers
11:15 - 12:00	1.1.4 Geriatric Nursing
12:00-13:00	Lunch Break/Prayers

SPEAKERS
Dr. Mohammed A. Basheikh - FRCPC Assistant Professor and Geriatric Medicine Consultant Faculty of Medicine King Abdulaziz University - KSA
Dr. Fahad Al-Wahhabi - FRCPC Geriatric Psychiatrist King Fahad Medical City - KSA
Prof. Manuel Martin Carrasco, MD Scientific Director, Consultant Institute of Psychiatric Research, Maria Josefa Recio Foundation, (Sisters Hospitalers), Bilbao, Spain
Dr. Tara A. Cortes, PhD, RN, FAAN Executive Director and Professor The Hartford Institute for Geriatric Nursing and New York University, USA



Session 2 Hall B	Focus on Caregivers - Workshop
<i>Moderator:</i>	Dr. Mohammed A. Basheikh - FRCPC - Assistant Professor and Geriatric Medicine Consultant, Faculty of Medicine- KSU - KSA
	TITLE PRESENTATION
13:00 - 13:45	1.2.1 Clinical Evaluation of the burden experienced by Alzheimer's Disease Patients'
13:45 - 14:30	1.2.2 Physical and Psychological Impairment among Alzheimer's Disease Patients' Caregivers
14:30 - 15:15	1.2.3 Planning for a Psychoeducational Intervention Program for Caregivers
15:15 - 16:00	Break
16:00 - 16:45	1.2.4 Cultural and Religious Considerations in the Provision of Psychoeducational Intervention in medical setting
16:45 - 17:30	1.2.5 Evaluation of a Psychoeducational Program Provided to Caregivers

SPEAKERS
Prof. Manuel Martin Carrasco, MD Scientific Director, Consultant Institute of Psychiatric Research, Maria Josefa Recio Foundation, (Sisters Hospitalers), Bilbao, Spain
Dr. Fahad Al-Wahhabi - FRCPC Geriatric Psychiatrist King Fahad Medical City - KSA
Dr. Mohammed A. Basheikh - FRCPC Assistant Professor and Geriatric Medicine Consultant Faculty of Medicine King Abdulaziz University - KSA



Session 3 Hall A	Oral Presentations Session
<i>Moderator:</i>	Dr. Najeeb Qadi Consultant cognitive & behavioral numerology Debuty Chairman, department of neurosciences KFSHRC- KSA
	TITLE PRESENTATION
13:00 - 13:45	1.3.1 Molecular and Cellular Research on Alzheimer's Disease in Saudi population
13:45 - 14:30	1.3.2 Physicians knowledge about Alzheimer's Disease: A comparative study between Oman and Saudi Arabia
14:30 - 15:15	1.3.3 Clinical Instruments in Saudi patients with Alzheimer's disease
15:15 - 16:00	1.3.4 The Prevalence and Risk Factors of Cognitive Impairment in patients with Diabetes
16:00 - 16:30	Discussion

SPEAKER
Dr. Fadia El-Bitar, PhD Associate Scientist, Department of Genetics King Faisal Specialist Hospital & Research Center- Riyadh
Dr. Nawal Al-Mahyijari Psychiatry specialist, Sultanat Oman
Dr. Eslam Shosha Consultant neurologist and assistant professor, College of Medicine, Al-Majmaah University
Dr. Sarah Batawi Medical resident, King Faisal specialized Hospital and Research Center – Jeddah





DAY 2 - Wednesday 26 November 2014

07:30 - 08:30 Reception/Registration

Session 4 Hall A	Management and Prevention
<i>Moderator:</i>	Prof. Robert Daroff - Professor of Neurology Case Western Reserve University School of Medicine – USA
	TITLE PRESENTATION
08:30-09:15	2.4.1 Modifying the Risk of Alzheimer's disease: Genetic and non-genetic factors.
09:15-10:00	2.4.2 Designing Safe Environments for Patients with Alzheimer's Disease in different settings.
10:00-10:30	Break
10:30-11:15	2.4.3 An Update on the Symptomatic Treatments for Alzheimer's Disease
11:15-12:00	2.4.4 Stem Cell Therapy for Alzheimer's Disease and Related Disorders
12:00-13:00	Lunch Break/Prayers

SPEAKERS
Prof. Neelum Aggarwal, MD Associate professor of neurological sciences & Senior attending neurologist and Clinical core co-leader, Rush Alzheimer's Disease Research Center Rush University, USA
Prof. June Andrews Director of the Dementia Services Development Centre (DSDC) School of Applied Social Science, University of Stirling, Stirling, United Kingdom
Dr. Najeeb Qadi Consultant Cognitive & Behavioral Numerology Debuty Chairman, Department of Neurosciences King Faisal Specialist Hospital & Research Center - KSA
Prof. Kiminobu Sugaya, PhD Professor, Burnett School of Biomedical Sciences, University of Central Florida, USA



Session 5 Hall A	Behavioral Problems and Safety - Workshop
<i>Moderator:</i>	Dr. Mohammed A. Basheikh - FRCPC - Assistant Professor and Geriatric Medicine Consultant, Faculty of Medicine- KSU - KSA
	TITLE PRESENTATION
13:00-13:45	2.5.1 Improving Safety of patients with Alzheimer's Disease in medical settings
13:45-14:30	2.5.2 The Association between behavioral problems among patients with Alzheimer's disease and their environment
14:30-15:15	2.5.3 Creating Safe Environments for Patients with Alzheimer's Disease: International Standards
15:15-16:00	Break
16:00-16:45	2.5.4 Conducting an environment safety assessment as a part of a comprehensive dementia assessment: A Practical Approach
16:45-17:30	2.5.5 Minimizing safety risks associated with cognitive impairment: environmental factors. Discussion

SPEAKERS
Prof. June Andrews Director of the Dementia Services Development Centre (DSDC) School of Applied Social Science, University of Stirling, Stirling, United Kingdom



Session 6 Hall B	Focus on Health Professionals (This session is devoted for health professionals, especially health educators, who want to improve their skills in supporting patients with Alzheimer's Disease and their families)
	TITLE PRESENTATION
13:00-13:45	2.6.1 Review of Basic signs and Stages of Alzheimer's Disease
13:45-14:30	2.6.2 Problems commonly encounter by families and caregivers of patients with Alzheimer's Disease
14:30-15:00	Break
15:00-15:45	2.6.3 Providing Support for caregivers: An Essential Guide
15:45-17:30	2.6.4 Educational Tools for Families and their Impact

SPEAKER
Ms. Sara Al-Rasheed & others Saudi Alzheimer Disease Association - KSA





The Conference is organized by The Saudi Alzheimer's Disease Association, with the support of King Abdulaziz City for Science and Technology (KACST) and strategic partners representing the kingdom's leading organizations...



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Saudi Alzheimer's Disease Association...

The Association seeks to become the pioneer in mitigating the effects of this disease in the kingdom by creating medical, social and psychological awareness about Alzheimer's disease. The Association also seeks to make all society sectors aware of Alzheimer's disease and to reach all those who will benefit from the

association's help. SADA aims to develop strategies with all partner organizations, in order to reach the goals of the association. Its objective include facilitating suitable platforms for scientific gatherings and advancing research into Alzheimer's disease amongst researchers and medical professionals.

King Abdulaziz City for Science & Technology (KACST)...



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King Abdulaziz City for Science and Technology (KACST) is both the Saudi Arabian national science agency and its national R&D laboratories. KACST plays a key role in science and technology policy making, related data collection, funding of external research, and other related services such as scientific publishing and managing the patent office.

Main Responsibilities include:

Proposing a national policy for the development of science and technology and relevant strategies; Supporting scientific research and technology development; Conducting applied research advising government; Fostering national innovation and technology transfer between research institutes and the industry; Fostering international cooperation in science and technology.

General Organization for King Faisal Specialist Hospital and Research Center...



The King Faisal Specialist Hospital and Research Center in Riyadh is a pioneer and specialist center in incurable diseases. KFSH&RC received numerous certificates of recognition from a number of international organizations and offers the highest professional levels of health care in research and integrated medical environment based on the vision of its founder King Faisal bin Abdulaziz. While the foundation stone in 1390H set up to achieve a big dream sparing citizens from the trouble of treatment abroad, where his Majesty the King Khalid bin Abdulaziz inaugurated the King Faisal Specialist Hospital and Research Center in 1975 on an area of one million m2, where the center allocates all main wings in addition to the King Fahad National Center for children's Cancer, which is located in the north of Riyadh. The Foundation for another branch in Jeddah in 2005, aims to provide medical services to patients in the largest possible number of regions of the Kingdom due to the increasing demand for its services.

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